

## You CAN Make a Difference

The Southeast Texas Food Bank provides food to over 100 hunger-relief agencies across eight Texas counties.

Every 10,000 pounds of food collected is the equivalent of providing over 8,300 meals to our neighbors in need!

## Who is Hungry?

More than 110,000 people in our service area lack access to adequate nutrition. About 30 percent of those are children. Virtually every community has hungry people within it, even if the face of hunger may not be obvious.



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Leading The Fight Against Hunger in Southeast Texas



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# PLANNING

# A

# SUCCESSFUL

# FOOD DRIVE

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# PLANNING TIPS

## Ready...

Establish your team or a committee, create a food or hunger theme, have a competition, set the goals and plan logistics; and determine the timeline.

See wish list to choose a target food category:

- Meat the Need: canned meats and protein
- Back to School: kid-friendly, healthy snacks
- Holiday Meals: pie filling, stuffing, cranberries
- Five-a-day: canned fruits and vegetables
- Paper Plus: diapers, toilet paper, paper products

## Set...

- Obtain sturdy collection bins and establish drop off locations. (*Copy Paper boxes work well.*)
- Label boxes with food drive information.
- Promote the event—company newsletter, emails to staff, flyers, posters. Offer prizes.
- Send a bag home for employees to fill up.
- Share Food Bank website with participants.
- Organize a group of volunteers to tour the Food Bank prior to the event.

## Go...

Contact the Food Bank before the food drive ends to discuss delivery options. After your food is delivered to the Food Bank, we will let you know the total pounds collected. Make sure you share or publicize your results.

## Whew! ...

Review the event and set the date for next year!

# OUR WISH LIST

All donations should be non-perishable, and nothing should be in glass containers.

Most desirable:

**PROTEIN:** Canned tuna, salmon or chicken; peanut butter; baked beans or canned nuts.

**DAIRY:** Canned, evaporated, powdered, or shelf-stable milk.

**FRUITS & VEGETABLES:** 100% juice in boxes and cans, canned veggies and fruit in lite syrup

**OTHER:** Boxed pasta, rice and cereals, canned soups and stews, mac and cheese, feminine products and diapers

# HOW ELSE CAN YOU HELP?

At the Southeast Texas Food Bank, every \$1 donation allows us to distribute 3 pounds worth of food!

We love financial donations!

Help us with transportation. Food drive collections can be delivered to the Food Bank during the hours of

Monday—Friday 8:30 a.m.— 2 p.m.

*Please call to schedule a drop-off.*

# THANK YOU!

Your continued support enables us to fight hunger by engaging and empowering our community.

For questions, concerns, or feedback:

**CONTACT:** Food Drive Coordinator

**PHONE:** 409-839-8777